



## Private Pilot 172M Maneuvers

	NORMAL TAKEOFF AND CLIMB		CROSSWIND TAKEOFF AND CLIMB
<b>OBJECTIVE</b>	The normal takeoff is one in which the airplane is headed directly into the wind or the wind is very light, and the takeoff surface is firm with no obstructions along the takeoff path, and is of sufficient length to permit the airplane to gradually accelerate to normal climbing speed ( $V_y$ ).	<b>OBJECTIVE</b>	The crosswind takeoff technique is used to maintain proper ground track while departing a firm or a soft runway. This involves the correct use of aileron/rudder cross control
<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Before takeoff checklist complete</li> <li>2. Taxi into takeoff position</li> <li>3. Full throttle</li> <li>4. Check engine instruments</li> <li>5. "Airspeed alive"</li> <li>6. Rotate at 60 mph</li> <li>7. Hold approximately 5° nose up</li> <li>8. Accelerate to and climb out at <math>V_y</math></li> <li>9. At 1000' AGL landing light off</li> </ol>	<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Note wind direction and speed</li> <li>2. Before takeoff checklist complete</li> <li>3. Taxi into takeoff position</li> <li>4. Deflect ailerons into wind – use rudder as required for directional control</li> <li>5. Full throttle</li> <li>6. Check engine instruments</li> <li>7. "Airspeed alive"</li> <li>8. As speed builds reduce aileron and vary rudder inputs to maintain proper directional control</li> <li>9. Rotate at 60 mph</li> <li>10. Hold approximately 5° nose up</li> <li>11. Accelerate to and climb out at <math>V_y</math></li> <li>12. See Normal Takeoff</li> </ol>

	SHORT-FIELD TAKEOFF AND MAX PERFORMANCE		SOFT-FIELD TAKEOFF AND CLIMB
<b>OBJECTIVE</b>	Taking off and climbing from fields where the takeoff area is restricted by obstructions requires that the pilot operate the airplane at the limit of its takeoff capabilities. The pilot must use all available runway, correctly configure the airplane, develop maximum available horsepower before brake release, rotate at the correct speed, climb at $V_x$ to clear the obstacle and accelerate to $V_y$ .	<b>OBJECTIVE</b>	Takeoffs and climbs from soft fields require the use of the operational techniques for getting the airplane airborne as quickly as possible to eliminate drag caused by tall grass, soft sand, mud, snow, etc., and may or may not require climbing over an obstacle. These same techniques are also useful on a rough field where it is advisable to get the airplane off the ground as soon as possible to avoid damaging the landing gear.
<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Before takeoff checklist complete (flaps 10°)</li> <li>2. Taxi into takeoff position (use all available runway)</li> <li>3. Hold brakes</li> <li>4. Full throttle</li> <li>5. Check engine instruments</li> <li>6. Release brakes</li> <li>7. "Airspeed alive"</li> <li>8. Rotate to lift off at 60 mph</li> <li>9. Maintain <math>V_x</math> attitude and airspeed until obstacle cleared</li> <li>10. Flaps up at 100' AGL and positive rate of climb</li> <li>11. Accelerate to <math>V_y</math></li> <li>12. See Normal Takeoff</li> </ol>	<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Before takeoff checklist complete (flaps 10°)</li> <li>2. Taxi into position with a smooth turn while maintaining full aft elevator</li> <li>3. Apply full throttle without stopping aircraft</li> <li>4. Reduce backpressure as aircraft accelerates to keep nose wheel just clear of the ground</li> <li>5. Lift off at lowest possible airspeed</li> <li>6. Maintain aircraft in ground effect until reaching <math>V_y</math></li> <li>7. Pitch to <math>V_y</math> attitude (approximately 5°)</li> <li>8. Flaps up at 100' AGL and positive rate of climb</li> <li>9. See Normal Takeoff</li> </ol> <p><i>Note: Soft field takeoff with an obstacle – accelerate in ground effect to <math>V_x</math> attitude and airspeed until obstacle is cleared</i></p>

	<b>NORMAL APPROACH AND LANDING</b>		<b>CROSSWIND APPROACH AND LANDING</b>
<b>OBJECTIVE</b>	This type of approach and landing involves the use of techniques for what is considered a normal situation; that is, when engine power is available, the wind is light or the final approach is made directly into the wind, the final approach path has no obstacles, and the landing surface is firm and of ample length to gradually bring the airplane to a stop.	<b>OBJECTIVE</b>	Many runways or landing areas are such that landings must be made while the wind is blowing across rather than parallel to the landing direction. Therefore, all pilots should be prepared to cope with these situations when they arise. The same basic principles and factors involved in normal, soft, or maximum performance approach and landing apply to crosswind approach and landings. Only the additional techniques required for correcting wind drift are discussed here.
<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Approach checklist completed before entering downwind</li> <li>2. Slow to 110 mph on downwind (2300 RPM)</li> <li>3. Midfield, perform landing checklist</li> <li>4. Abeam threshold, carb heat on, 1500 RPM, 10° flaps, begin descent at 90 kts</li> <li>5. At 45° point, turn base, flaps 20°, 80 kts</li> <li>6. On final, 70 mph</li> <li>7. Adjust pitch and power to maintain 3° GP so as to be stabilized no lower than 400' AGL</li> <li>8. Maintain aiming point with pitch/power corrections until approaching round out</li> <li>9. Reduce power to idle once runway is made</li> <li>10. Flare airplane so that main gear contacts the runway first</li> <li>11. Maintain directional control and lower nose wheel before braking</li> </ol>	<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Establish appropriate approach configuration (normal, soft field, short-field)</li> <li>2. Maintain alignment with centerline using crab into wind</li> <li>2. Lower upwind wing into the wind</li> <li>3. Simultaneously apply opposite rudder to maintain runway centerline</li> <li>4. Maintain drift control with aileron</li> <li>5. Maintain directional control with rudder</li> <li>6. Flare as normal</li> <li>7. Optimally, land with upwind main gear touching first</li> </ol>

	<b>EMERGENCY DESCENTS</b>		<b>GO-AROUND/REJECTED LANDING</b>
<b>OBJECTIVE</b>	An emergency descent is a maneuver for descending as rapidly as possible within the structural limitations of the airplane to a lower altitude or to the ground for an emergency landing. The need for this maneuver may result from an uncontrollable fire, a sudden loss of cabin pressurization, or any other situation demanding an immediate and rapid descent.	<b>OBJECTIVE</b>	Regardless of the height above the ground at which it is begun, a safe go around may be accomplished if an early decision is made, a sound plan is followed, and the procedure is performed properly.
<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Clearing turns</li> <li>2. Choose location at which if necessary, emergency landing can be made</li> <li>3. Carb heat on, power to idle</li> <li>4. Set flaps to desired setting (0-30 degrees)</li> <li>5. Use 30-45 degrees bank throughout the turn(s) to maintain positive load</li> <li>6. Pitch for airspeed not to exceed maximum flap speed (100 mph) or maneuvering speed (112 mph)</li> <li>7. Level out 50 ft. above desired altitude</li> </ol> <p><i>Note: if multiple turns are made, smoothly increase power on each upwind turn to prevent excessive cooling in the engine</i></p>	<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Full throttle</li> <li>2. Pitch up for and accelerate to <math>V_y</math></li> <li>3. Flaps to 10°* immediately</li> <li>4. Reduce control force by trimming nose down</li> <li>5. Retract remaining flaps above 100' AGL and positive rate of climb</li> <li>6. Pitch to approximately 5° nose up</li> <li>7. Continue with Normal Takeoff Profile</li> </ol> <p><i>*Flaps 20° if using 30° flaps</i></p> <p><i>Note: Steps 1, 2 and 3 are completed simultaneously</i></p>

	<b>SHORT-FIELD APPROACH AND LANDING</b>		<b>SOFT-FIELD APPROACH AND LANDING</b>
<b>OBJECTIVE</b>	This short field operation requires the use of a procedures and techniques for the approach and landing at fields which have a relatively short landing area or where an approach must be made over obstacles which limits the available landing area.	<b>OBJECTIVE</b>	The approach for a soft field is similar to a normal or short field approach depending on field selection. The major difference between the techniques is that during the soft field landing, the airplane is held 1 to 2 feet off the surface as long as possible to dissipate the forward speed to touch down at the minimum forward speed at the minimum rate of descent. The final approach speed for short field landings is equally appropriate to soft field landings, but there is no reason for a steep angle of descent unless obstacles are present in the approach path.
<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Specify touchdown point on downwind</li> <li>2. Fly normal pattern, flaps 30° on final</li> <li>3. Stabilize final descent at 65 kts no lower than 400' AGL</li> <li>4. Maintain aiming point with pitch/power corrections until approaching round out</li> <li>5. Reduce throttle slowly during flare</li> <li>6. Maintain directional control and lower nose wheel before braking</li> <li>7. Retract flaps to 0° and apply brakes (simulate maximum braking for training)</li> </ol> <p><i>Note: Flaps down for max aerodynamic braking on contaminated surfaces</i></p>	<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Specify touchdown point on downwind</li> <li>2. Normal pattern (longer downwind if combined with short-field technique)</li> <li>3. Adjust pitch and power to maintain 3° GP so as to be stabilized no lower than 400' AGL</li> <li>4. Maintain aiming point with pitch/power corrections until approaching round out</li> <li>5. During landing flare adjust pitch/power for minimum sink rate</li> <li>6. Touchdown at slowest possible airspeed with nose-high pitch attitude</li> <li>7. Lower nose gently to surface and taxi clear of runway with full aft elevator</li> </ol>

	<b>POWER-ON STALL</b>		<b>POWER-OFF STALL</b>
<b>OBJECTIVE</b>	Power-on stall recoveries are practiced from straight climbs, and climbing turns with 20° of bank, to simulate an accidental stall occurring during takeoffs and departure climbs.	<b>OBJECTIVE</b>	The practice of power-off stalls is usually performed with normal landing approach conditions in simulation of an accidental stall occurring during landing approaches. The stalls can be performed to either imminent or full stall conditions.
<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Clearing turns</li> <li>2. Perform the maneuver no lower than 1,500' AGL</li> <li>3. Carb heat on, set power to 1500 RPM</li> <li>4. Flaps 10° (if specified)</li> <li>5. Maintain level flight and reduce airspeed to 60 mph</li> <li>6. Carb heat off, full power</li> <li>7. Coordinate with rudder pressure</li> <li>8. Set a nose-high pitch attitude that will allow the airspeed to decrease slowly and evenly (not abrupt)</li> <li>9. Recognize and announce symptoms of approaching stall</li> <li>10. Maintain wings level, ball centered</li> <li>11. Stall the airplane</li> </ol> <p><b>RECOVER-</b></p> <ol style="list-style-type: none"> <li>12. Release backpressure and slowly lower nose to horizon (minimal altitude loss, NONE is ideal) and apply rudder opposite to wing drop (if required)</li> <li>13. As airspeed increases, pitch for <math>V_x</math> or <math>V_y</math> and establish a positive rate of climb</li> <li>14. Level off and recover to cruise</li> </ol>	<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Clearing turns</li> <li>2. Perform the maneuver no lower than 1,500' AGL</li> <li>3. Carb heat on, set power to 1500 RPM</li> <li>4. Maintain altitude while airspeed decreases</li> <li>5. Slowly lower flaps to 20°</li> <li>6. Begin stabilized descent at approach speed (70 kts)</li> <li>7. Decrease power to idle, level off and flare</li> <li>8. As airspeed decreases, recognize and announce symptoms of approaching stall</li> <li>9. Stall the airplane</li> </ol> <p><b>RECOVER-</b></p> <ol style="list-style-type: none"> <li>10. Full power, carb heat off</li> <li>11. Reduce pitch slightly to horizon (minimal altitude)</li> <li>12. Flaps 10°</li> <li>13. As airspeed increases, retract remaining flaps</li> <li>14. Establish climb attitude at <math>V_x</math> or <math>V_y</math></li> <li>15. Level off and recover to cruise</li> </ol>

	<b>SLOW FLIGHT</b>		<b>STEEP TURNS</b>
<b>OBJECTIVE</b>	To develop pilots sense of feel and ability to use the controls correctly, and to improve proficiency in performing maneuvers in which very low airspeeds are required.	<b>OBJECTIVE</b>	This maneuver consists of a turn in either direction using a bank steep enough to cause an over banking tendency during which maximum turning performance is attained and relatively high load factor imposed.
<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Clearing turns</li> <li>2. Perform the maneuver no lower than 1,500' AGL</li> <li>3. Carb heat on, reduce power to 1500 RPM</li> <li>4. Apply back pressure on the elevator to reduce airspeed and maintain altitude, TRIM CONSTANTLY</li> <li>5. Slowly lower flaps to 20°</li> <li>6. 60 kts, add power to ≈1900 RPM to maintain altitude</li> <li>7. Use pitch attitude to control airspeed</li> <li>8. Maintain directional control with outside visual references</li> <li>9. Practice gentle climbs, descents, and turns at constant airspeed</li> </ol> <p><b>RECOVER-</b></p> <ol style="list-style-type: none"> <li>10. Carb heat off, full power</li> <li>11. Reduce the angle of attack by lowering the nose and maintain altitude</li> <li>12. Flaps 10°</li> <li>13. Retract remaining flaps as airspeed increases and return to cruise</li> </ol>	<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Clearing turns</li> <li>2. Reduce throttle to 2100 RPM to obtain 112 mph (below <math>V_A</math>)</li> <li>3. Establish bank of 45°</li> <li>4. Adjust pitch, bank and power as necessary to maintain altitude and airspeed</li> <li>5. After completing a 360° turn, roll wings level for 3-5 seconds then start a steep turn in the opposite direction. Adjust pitch, bank and power as necessary to maintain altitude and airspeed.</li> <li>6. Time roll out so that wings reach level flight on entry heading (1/2 bank angle lead-out)</li> </ol>

	<b>S-TURNS ACROSS A ROAD</b>		<b>TURNS AROUND A POINT</b>
<b>OBJECTIVE</b>	S-Turns are used to develop pilot's ability to compensate for drift during turns along a selected reference on the ground. The maneuver consists of crossing a road at a 90° angle and beginning a series of 180° turns of equal radius in opposite directions, re-crossing the road at a 90° angle, just as each 180° turn is completed.	<b>OBJECTIVE</b>	The turns around a point is a proficiency maneuver used to help the pilot develop the ability to control the aircraft while dividing attention between flight path and traffic, while maintaining a constant radius around a reference point and using an angle of bank no greater than 45°. Drift control must be maintained throughout the entire maneuver.
<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Clearing turns</li> <li>2. Establish 112 mph (2300 RPM)</li> <li>3. Select a road where a safe landing can be made if required, and enter downwind at 1,000' AGL</li> <li>4. Apply wind drift correction and bank angle to track a constant radius 180° turn back towards the road, not to exceed 45° of bank</li> <li>5. At 180° of turn and over road, begin maneuver in opposite direction</li> <li>6. Depart maneuver on entry heading</li> </ol>	<b>ELEMENTS</b>	<ol style="list-style-type: none"> <li>1. Clearing turns</li> <li>2. Establish 112 mph (2300 RPM)</li> <li>3. Select a ground reference point near an area where an emergency landing can be made.</li> <li>4. Enter downwind of selected point at 1,000' AGL</li> <li>5. Maintain constant altitude and radius around point while adjusting bank and drift correction using no more than 45° of bank at the steepest point of the turn</li> <li>6. Depart maneuver on entry heading</li> </ol>